



1st. Announcement

European Archery Coaching & Training Seminar

18 nov 2013 - 24 nov 2013

A unique international venue on Coaching and Training in Archery,
including a three days Level 1 course by Kisik Lee

Program

Part one Pre-Level one course

- **Basic physiology**
Jan Verstuyft, Ghent University, Belgium
- **Heart rate variability and its interference on results**
Nurhazirah Ahmal, Malaysia
- **Biomechanical issues to be taken into consideration**
Kim Daniëls, Belgium
- **The Mind, an unpredictable factor for results**
P. Wylleman, VUB, Belgium
- **Core Talent Detection**
D. Krekels, Belgium
- **Archery Information Management & Electronic Scoring(AIMS)**
J. Barnard, SOPA, Australia

Part two Training and coaching in Archery(Level one course)

- **Three days course**

Kisik Lee, *National Head Coach of the US Olympic Archery Training Program and has held this position since January 2006. Many consider him to be the first person to bring the scientific method to archery training.*

Practical information

- From 18 nov 2013 to 24 nov 2013
- Limited seats
- Location: Brussels, Belgium
- Organisation: Royal Belgian Archery
- Language: English, simultaneous translation available

Interested ?

- Send an e-mail to ecs@handboogliga.org